



Itinerary for Move-In and Orientation

Tuesday August 13, 2013

- 2:00pm Move in STARTS Bowld Student Commons
- 4:00pm Move in ENDS
- 5:30pm Dinner and Orientation at the COBO (Freshman and Transfers)
Dinner for returning students in Fesmire Field House (Pizza)
- 7:00pm ENDS
- 7:15pm ICE CREAM Social hosted by (Bowld)
- 7:45-8:00pm ALL TEAMS Interactive games (Bowld)
- 8:00pm NCAA Athletic Training Session and form fill outs (Bowld lead by Jen and Brittany)
- 9:30pm TEAM TIME (Coaches)

Wednesday, August 14, 2013

- 9:00am Breakfast (Brewer)
- 10:00am Compliance Meetings Harvey Hall (Everyone needs pens; Katie)
- 12:00pm Lunch Brewer Dining Hall and TEAM TIME
- 1:00pm Station Rotation Starts:
ROTATION #1-
Station 1: Fesmire Field House for Sickle Cell Testing in Baseball locker room (M. Soccer)
Station 2: Lobby of Fesmire Field House for Photos (W. Soccer)
Station 3: Equipment Check out/TEAM TIME – individual team locker rooms (CC & VB)
Bethany and Katie will visit with teams about Hundley Center and Academics
- 2:00pm **ROTATION #2 –**
Station 1: Fesmire Field House for Sickle Cell Testing in Baseball locker room (W. Soccer)
Station 2: Lobby of Fesmire Field House for Photos (CC & VB)
Station 3: Equipment Check out/TEAM TIME – individual team locker rooms (M. Soccer)
Bethany and Katie will visit with teams about Hundley Center and Academics
- 3:00pm **ROTATION #3 –**
Station 1: Fesmire Field House for Sickle Cell Testing in Baseball locker room (CC & VB)
Station 2: Lobby of Fesmire Field House for Photos (Men's Soccer)
Station 3: Equipment Check out/TEAM TIME – individual team locker rooms (W. Soccer)
Bethany and Katie will visit with teams about Hundley Center and Academics
- 5:30pm Dinner Brewer Dining Hall and PHYSICALS @ Fesmire Fieldhouse
6:00 Men's Soccer; 6:30pm XC; 7:00pm Volleyball; 7:30 Women's Soccer.
Men's soccer eat after physicals...XC eat quickly and then report to physicals.

ROTATION @ PHYSICALS STATION:

- Step 1** Start Women's Soccer Locker room – Blood Pressure and Pulse
- Step 2** Softball Locker Rooms – Height & Weight
- Step 3** Training Room – Vision Testing
- Step 4** Turf Room – Doctor Exams
- Step 5** Exit Building through front doors

Thursday, August 15, 2012

PRACTICE BEGINS! 😊