Itinerary for Move-In and Orientation

Tuesday August 13, 2013
2:00pm Move in STARTS Bowld Student Commons
4:00pm Move in ENDS
5:30pm Dinner and Orientation at the COBO (Freshman and Transfers)
    Dinner for returning students in Fesmire Field House (Pizza)
7:00pm ENDS
7:15pm ICE CREAM Social hosted by (Bowld)
7:45-8:00pm ALL TEAMS Interactive games (Bowld)
8:00pm NCAA Athletic Training Session and form fill outs (Bowld lead by Jen and Brittany)
9:30pm TEAM TIME (Coaches)

Wednesday, August 14, 2013
9:00am Breakfast (Brewer)
10:00am Compliance Meetings Harvey Hall (Everyone needs pens; Katie)
12:00pm Lunch Brewer Dining Hall and TEAM TIME
1:00pm Station Rotation Starts:
    **ROTATION #1**
    Station 1: Fesmire Field House for Sickle Cell Testing in Baseball locker room (M. Soccer)
    Station 2: Lobby of Fesmire Field House for Photos (W. Soccer)
    Station 3: Equipment Check out/TEAM TIME – individual team locker rooms (CC & VB)
    Bethany and Katie will visit with teams about Hundley Center and Academics
2:00pm **ROTATION #2**
    Station 1: Fesmire Field House for Sickle Cell Testing in Baseball locker room (W. Soccer)
    Station 2: Lobby of Fesmire Field House for Photos (CC & VB)
    Station 3: Equipment Check out/TEAM TIME – individual team locker rooms (M. Soccer)
    Bethany and Katie will visit with teams about Hundley Center and Academics
3:00pm **ROTATION #3**
    Station 1: Fesmire Field House for Sickle Cell Testing in Baseball locker room (CC & VB)
    Station 2: Lobby of Fesmire Field House for Photos (Men’s Soccer)
    Station 3: Equipment Check out/TEAM TIME – individual team locker rooms (W. Soccer)
    Bethany and Katie will visit with teams about Hundley Center and Academics
5:30pm Dinner Brewer Dining Hall and PHYSICALS @ Fesmire Fieldhouse
    6:00 Men’s Soccer; 6:30pm XC; 7:00pm Volleyball; 7:30 Women’s Soccer.
    Men’s soccer eat after physicals...XC eat quickly and then report to physicals.

**ROTATION @ PHYSICALS STATION:**
Step 1 Start Women’s Soccer Locker room – Blood Pressure and Pulse
Step 2 Softball Locker Rooms – Height & Weight
Step 3 Training Room – Vision Testing
Step 4 Turf Room – Doctor Exams
Step 5 Exit Building through front doors

Thursday, August 15, 2012
PRACTICE BEGINS! 😊